

SDG LABS – Harnessing the potential of the Social Economy towards a green transformation through the establishment of Socially Driven Green Labs within Universities

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COURSE: HOW TO PRODUCE, PROCESS, AND DELIVER SAFE AND NUTRITIOUS FOOD – SUSTAINABLE FOOD SYSTEM IN EVERYDAY LIFE

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OUIZZES

- 1. THE FOOD PRODUCTION, DISTRIBUTION AND CONSUMPTION
 - A. REPRESENT SIGNIFICANT ENVIRONMENTAL IMPACT;
 - B. PLAY A KEY ROLE IN REDUCING THE OVERALL ENVIRONMENTAL IMPACT $^{\boldsymbol{\cdot}}$
 - C. CONTRIBUTES TO THE DECREASE OF ENVIRONMENTAL IMPACT THROUGH PACKAGING SYSTEM USING APPROPRIATE PACKAGING DESIGN.
- 2. WHAT IS LIFE CYCLE THINKING?
 - A. INCLUDES ENVIRONMENTAL, SOCIAL AND ECONOMIC IMPACTS OF A PRODUCT OVER ITS LIFE CYCLE AND VALUE CHAIN;
 - B. TRADITIONAL FOCUS ON MANUFACTURING PROCESSES;
 - C. IT IS ABOUT REACHING THE GOAL OF REDUCING A PRODUCT'S RESOURCE USE AND EMISSIONS TO THE ENVIRONMENT.
 - D. IT IS ABOUT INCREASING THE EFFICIENCY OF PRODUCTION AND CONSUMPTION THROUGHOUT THE PRODUCT LIFE CYCLE.
- 3. THE CONCEPT OF "SUSTAINABLE CONSUMPTION BEHAVIOUR" IS ABOUT:
 - A. PSYCHOMETRIC EVALUATION:
 - B. GOVERNMENT AND SOCIAL MARKETERS MOVEMENT;
 - C. FOCUS ON ACTUAL SUSTAINABLE CONSUMPTION PRACTICES OF CONSUMERS.
- 4. CIRCULAR ECONOMY OFFERS THE FOLLOWING SOLUTIONS IN MOVING TOWARDS A SUSTAINABLE FOOD SYSTEM:
 - A. USING MATERIALS FIRST AS PRODUCTS;
 - B. USING RECYCLED MATERIALS;
 - C. STOPPING PRODUCTION WITH SERIOUS FOOD WASTE;
 - D. USING MATERIALS AS ENERGY;
 - E. USING MINIMAL AMOUNT OF AUXILIARY INPUTS;
 - F. CLOSING THE LOOPS AT THE SMALLEST POSSIBLE CYCLES.
- 5. THE FOOD SECTOR IS RESPONSIBLE FOR:
 - A. OVER 30% OF HUMAN-CAUSED EMISSIONS;
 - B. OVER 20% OF TOTAL GREENHOUSE GAS EMISSIONS;
 - C. AROUND 10% OF THE WORLD'S TOTAL ENERGY CONSUMPTION;
 - D. AROUND 30% OF THE WORLD'S TOTAL ENERGY CONSUMPTION.
- 6. WHAT IS SUSTAINABLE CONSUMPTION MODEL:
 - A. MULTIDIMENSIONAL, HIERARCHICAL AND REFLECTIVE CONSTRUCT;
 - B. ENCLOSES DIMENSION QUALITY OF LIFE;
 - C. ENCLOSES DIMENSION CARE FOR THE ENVIRONMENTAL WELL-BEING;
 - D. ENCLOSES DIMENSION CARE FOR THE FUTURE GENERATION;
 - E. ENCLOSES DIMENSION QUALITY OF WORK.

