



How can I incorporate the circular economy into my daily life?

5 R of waste management and zero waste living



AVOID and REDUCE the amount of waste you make

Buy less, make sustainable choices to avoid creating waste, choose packaging that is recyclable.



REUSE and REPAIR the things that you own

Thanks to upcycling, electricity and gas consumption is reduced to a minimum

RECYCLE



plastic bottles and containers, glass bottles and jars, cans, paper and cartons into the appropriate bins - check that there is a recycling label on the packaging.



COMPOST your food scraps

Recycle your food scraps with a household compost bin.



BUY RECYCLED CONTENT

You minimize the acquisition of new raw materials - e.g. if you buy recycled paper, you do not have to cut down trees.